



Ciara Foran

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First Class Honours graduate of Film & Screen Media in University College Cork. Natural leader with a precise attention to detail. Keen interest in directing and screenwriting. Experienced independent filmmaker.

EDUCATION

BA Film and Screen Media

With a minor in Politics

2020 – 2023 University College Cork (UCC)

Graduated with First Class Honours

ACHIEVEMENTS

- Official selection at Fastnet Film Festival: 2022, 2023
- EmployAgility Award Certificate
- Trained in first aid

UNIVERSITY PROJECTS OF NOTE

Final Year Short Film Project: *Ordinary Distances* (2023)

- Writer, Director, Casting Director, Producer, and Editor for a short fiction drama film.
- Scouted an international actor for the protagonist. Held auditions for additional roles.
- Rehearsed with actors and engaged in chemistry building.
- Worked closely with DOP to achieve the artistic vision.
- Edited using **Final Cut Pro X** and **Izotope**.

Final Year Music Video Film Project: *Say it With Flowers* (2023)

- Director of Photography for a 3-minute music video for Cork artist BBBlonde.
- Gained experience working with a musician/amateur actor.
- Built and designed props and handled set design.

Final Year Client Brief Film Project

- Director, Producer, and Editor for a 1-minute promotional video for UCC Watersports.
- Liaised with over 7 clubs and arranged on site filming with each club.
- Worked with a **C100** camera, **GoPro**, and **Insta360** camera.
- In post-production, enhanced my colour grading skills.

Second Year Documentary Film Project: *Draíocht* (2022)

- Director, Producer, Editor, and Narration Writer for a short documentary film on modern druidism in Ireland.
- Applied my ten years of experience editing with **Sony Vegas Pro** to a practical project and worked with additional software: **Final Cut Pro X** and **Izotope**.
- Spread awareness of stigma faced by modern druids and Pagans.
- Learned valuable lessons in filmmaking through trial and error and heightened my passion for directing.

EXPERIENCE

2023: DOCUMENTARY FILMMAKER for Contract Work with Earl of Desmond Hotel Tralee

- Producer, Director, Director of Photography, Interviewer, and Editor for a commission for a short documentary on the lives of the Ukrainian guests at Earl of Desmond Hotel Tralee.
- Conducted research. Wrote legal documentation and interview questions.
- Recorded footage using a **Canon DSLR 5D Mark IV**.
- Edited over 15 hours of footage into a 6-minute narrative documentary.
- Spread awareness of Ukrainian culture and the reality of life in Ireland for our Ukrainian guests.

VOLUNTEER EXPERIENCE

2023: VOLUNTEER for Fastnet Film Festival

- Assisted with The Art of Screen Acting 2 Day Workshop to enhance my ability to work with actors.
- Monitored short film programmes to identify and recognise talent in contemporary filmmakers.

2022 – 2023: FILM EVENTS CO-ORDINATOR for UCC Film & Photography Society

- Part of team that revived inactive UCC Film and UCC Photography societies. Designed society logo.
- Established and ran HUMF (Help Us Make a Film) programme for first-time filmmakers.
- Organised masterclasses and ran practical workshops weekly on different stages of filmmaking.
- Produced, wrote, and directed two film scene recreations while using my leadership skills to guide and teach the crew, and direct the actors.

2022: VOLUNTEER for Cork International Film Festival

- Volunteered as videographer for Cine Concert event. Recorded footage using a C100 camera.
- Gained experience working in a film festival and donated my time and skills.

SKILLS AND QUALITIES

- **Leadership:** Pioneered HUMF programme. Ability to recognise and encourage talent in teammates.
- **Analytical:** Precise attention to detail which is useful in pre-production for faithful casting, production for directing and framing shots, and in post-production for perfecting the edit.
- **Technical:** Extensive editing experience including Sony Vegas Pro 18, Final Cut Pro X, Izotope. Administrative skills including Microsoft Word, Excel, PowerPoint. Basic web design skills in WordPress and Joomla. Proficient in the use of social media platforms.

INTERESTS AND HOBBIES

- **Writing:** Keen interest in screenwriting and writing poetry as a form of catharsis.
- **Reading:** Enjoy annotating books to enhance creativity skills. Founded a weekly book club.
- **Art:** Regularly visit local art galleries and have been to established galleries including Van Gogh Museum, The Louvre, & The National Gallery London. Draw and paint in free time.
- **Psychology:** Utilising strong cognitive empathy to understand human relations and the mind.

REFERENCES

Available upon request